

<p style="text-align: center;">Protect your Family include:</p> <ol style="list-style-type: none"> 1- Protect yourself 2- Get your home ready 3- Pregnancy and Breastfeeding 4- Children 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/protect-family.html</p>
<ol style="list-style-type: none"> 1- Protect Yourself 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html</p>
<ol style="list-style-type: none"> 2- Get Your Home Ready 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/checklist-household-ready.html</p>
<ol style="list-style-type: none"> 3- Pregnancy & Breastfeeding 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html</p>
<ol style="list-style-type: none"> 4- Children 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/children-faq.html</p>
<p style="text-align: center;">Protect your Home include:</p> <ol style="list-style-type: none"> 1- Get your home ready (same as above in family) 2- Checklist to Get Ready 3- Clean and Disinfect 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/protect-home.html</p>
<ol style="list-style-type: none"> Checklist to Get Ready 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/checklist-household-ready.html</p>
<ol style="list-style-type: none"> Clean and Disinfect 	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html</p>
<p style="text-align: center;">Manage Anxiety & Stress</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html</p>
<p style="text-align: center;">People at Risk for Serious Illness from COVID-19</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html</p>

Key Facts	https://www.cdc.gov/coronavirus/2019-ncov/about/share-facts-h.pdf
What to do if you are sick with COVID-19	https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf
Caring for yourself at Home	https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf
Caring for someone who is sick	https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/caring-for-sick-person.html
Guidance for School Settings	https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html
Talking to Children about COVID 19	https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf
Talking to Children about COVID 19	https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html
Interim Guidance for Administrators of US K-12 Schools and Childcare Programs	https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-schools.html
Checklist for Teachers and Parents	https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html
Resources for Institutes of Higher Education	https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html
Interim Guidance for Administrators of US Institutions of Higher Education	https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html
Resources for Businesses and Employers	https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html
Interim Guidance for Businesses and Employers	https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html
Resources for Community- and Faith-Based Leaders	https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html

<p>Interim Guidance for Community- and Faith-Based Leaders</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/guidance-community-faith-organizations.html</p> <p>https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/checklist.html</p> <p>https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html</p>
<p>Resources for First Responders and Law Enforcement</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-for-ems.html</p> <p>https://www.cdc.gov/coronavirus/2019-ncov/downloads/guidance-law-enforcement.pdf</p>
<p>Interim Guidance: Public Health Communicators Get Your Community Ready for Coronavirus Disease 2019 (COVID-19)</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-communicators-get-your-community-ready.html</p>
<p>Print Resources</p>	<p>https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html</p> <p>https://www.cdc.gov/coronavirus/2019-ncov/communication/videos.html</p>